



## NEW PARENT CHECKLIST

Your friends at the University of Pennsylvania have compiled a checklist with information and resources to help you assist your student.

### JUNE

- CAMPUS EXPRESS:**  
Encourage your student to visit Campus Express at [www.campusexpress.upenn.edu](http://www.campusexpress.upenn.edu), where they can apply for their Penn ID, register for a Penn email, confirm their housing and view move-in assignments, and choose a dining plan.
- NEW PARENT AND FAMILY ORIENTATION (NPFO) AUGUST 22-23:**  
Make your travel arrangements to campus. A variety of programming will be offered during NPFO with introductions to resources to help support your Penn student.
- NEW STUDENT ORIENTATION (NSO) AUGUST 23-28:**
  - NSO is a series of activities for students to help them successfully transition to the University. Visit [www.nso.upenn.edu](http://www.nso.upenn.edu) for more information.
  - International Parents: Visit the International Student and Scholar Services website, <https://global.upenn.edu/iss/ps/psarrival>, for information on pre-arrival preparations, international student check-in and orientation activities.
- PENN10 WEBSITE:**  
Visit the Penn10 website with your student for the 10 key items to complete before arriving on campus at [www.penn10.info](http://www.penn10.info).
- PROVIDE YOUR EMAIL ADDRESS TO PENN PARENTS:**  
Stay connected with Penn and don't miss out on important updates. Contact the Penn Parents office at [ppparent@dev.upenn.edu](mailto:ppparent@dev.upenn.edu) or 215-746-4646 to ensure that we have your email address on file.
- RESIDENTIAL SERVICES:**  
Visit the Move-In page [www.upenn.edu/housing/movein](http://www.upenn.edu/housing/movein) for specifics on schedules, what to bring/not to bring, and other important information.
- PENN GUARDIAN:**  
Encourage your student to download the Penn Guardian App. Students can create a profile by adding information such as physical description, a photo, address, known allergies, or other optional medical information. Visit [www.publicsafety.upenn.edu/pennguardian](http://www.publicsafety.upenn.edu/pennguardian).
- PENN PUBLIC SAFETY #215-573-3333:**  
Encourage your student to program 215-573-3333 into their phone to contact Public Safety for any safety or medical emergency.
- DINING PLAN:**  
Assist your child with the selection of a dining plan by visiting [www.upenn.edu/dining](http://www.upenn.edu/dining).
- STUDENT REGISTRATION AND FINANCIAL SERVICES (SRFS) MUST-DO LIST:**  
Be sure your student completes the Must-Do List. This list provides links so your student can update emergency contact information, grant permission to share academic/financial information with you, and set up a PennPay "other payer" account for you to pay the first tuition bill, due July 25, 2017. For more information, please visit [www.sfs.upenn.edu/mustdo/index.htm](http://www.sfs.upenn.edu/mustdo/index.htm).
- FRESHMAN ADVANCE REGISTRATION JUNE 19 – JULY 14:**  
Encourage your student to read the registration and advising emails sent from each school. Once a student has determined a schedule with an advisor, s/he should enter the requests into Penn inTouch during the Advance Registration period. Final schedules will be available in Penn inTouch in late July, and course selection will commence for students who wish to adjust their schedules.
- PENN PARENTS EVENTS:**  
Visit [www.pennparents.upenn.edu](http://www.pennparents.upenn.edu), for a schedule of local welcome receptions and send-offs.
- FOLLOW US ON SOCIAL MEDIA:**  
[www.facebook.com/pennparents](http://www.facebook.com/pennparents), and Instagram, [www.instagram.com/pennparents](http://www.instagram.com/pennparents).

### JULY

- ACADEMIC ADVISOR:**  
Encourage your student to read the registration and advising emails sent from each school and follow the directions provided. Each undergraduate school has its own approach to the course registration process.

## JULY CONTINUED

- WEINGARTEN LEARNING RESOURCES CENTER:  
Review Penn's academic support services at [www.vpul.upenn.edu/lrc/](http://www.vpul.upenn.edu/lrc/).
- THRIVE AT PENN (TAP):  
Visit the TAP website. It includes all of the information given in the TAP modules for undergraduates: videos, resources, images of quizzes, links, and documents. Visit [www.thriveatpenn.com](http://www.thriveatpenn.com).
- COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS):  
Learn about the array of wellness resources that can be helpful in supporting your student's adjustment and success at Penn by visiting the website for CAPS at [www.vpul.upenn.edu/caps/](http://www.vpul.upenn.edu/caps/).
- STUDENT LIFE:  
Inspire your student to get involved through the Office of the Vice Provost for University Life at [www.vpul.upenn.edu](http://www.vpul.upenn.edu).
- PENN STUDENT AGENCIES:  
Learn about the laundry and water delivery services, care packages, and employment opportunities available to Penn students by reading our summer mailer arriving right to your door.

## AUGUST

- PENN BOOKSTORE:  
After class schedules become available in August, your student can order their textbooks on-line and have them waiting for them once they get to campus. Visit the bookstore during Move-In and grab some Penn supplies and gear to show your spirit as a Proud Penn Parent!
- MOVE-IN:
  - Visit the Campus Express Center & Student Activities Fair in Houston Hall Aug. 22-23 to set up up a banking, cellphone, PennCash and cable accounts and to get important information about essential student services.
  - Unloading Passes: Check the Move-In website [www.upenn.edu/movein](http://www.upenn.edu/movein) for unloading passes, access passes and other materials for the day of their arrival.
  - Move-In App for Parents: Look for an email with information on how to download the Move-In app
  - Attend NPFO August 22-23: Visit [www.pennparents.upenn.edu](http://www.pennparents.upenn.edu) for more information.
  - New Shipping Options: Save the packing and take advantage of two new shipping options at Penn. Amazon@Penn offers same day shipping on many items and a safe, convenient pick-up point right on campus. Visit [penn.amazon.com](http://penn.amazon.com). PersonalShip allows anyone with a PennKey to ship packages via UPS and DHL at Penn's discounted rates. Visit [www.upenn.edu/personalship](http://www.upenn.edu/personalship).

## AFTER MOVE-IN AND BEYOND...

### SAVE THE DATES

- Family Weekend (October 27-29) and Homecoming (November 3-5).

### PENN NEWS:

- Sign up for Penn News Today at [www.upenn.edu/pennnews/](http://www.upenn.edu/pennnews/) and stay in the know about all things Penn.

### COMPUTER SECURITY RECOMMENDATIONS:

- Make sure you or your student follows the Top 10 computer security recommendations by visiting <http://www.upenn.edu/computing/security/checklists/Top10/>.

### STUDENT HEALTH SERVICE (SHS):

- Prompt your Penn student to make an appointment with a primary care provider at SHS for a "Get-to-know-you" visit, especially for those with chronic diseases (e.g. Crohn's disease, asthma, migraine, etc).

## IMPORTANT PHONE NUMBERS

Penn Parents	215-746-4646
Office of New Student Orientation & Academic Initiatives	215-898-7000
Residential Services	215-898-3547
College Houses & Academic Services	215-898-5551
Student Health Service	215-746-3535
Student Financial Services	215-898-1988
Office of the University Registrar	215-898-6636
Counseling and Psychological Services	215-898-7021
Division of Public Safety	215-573-3333